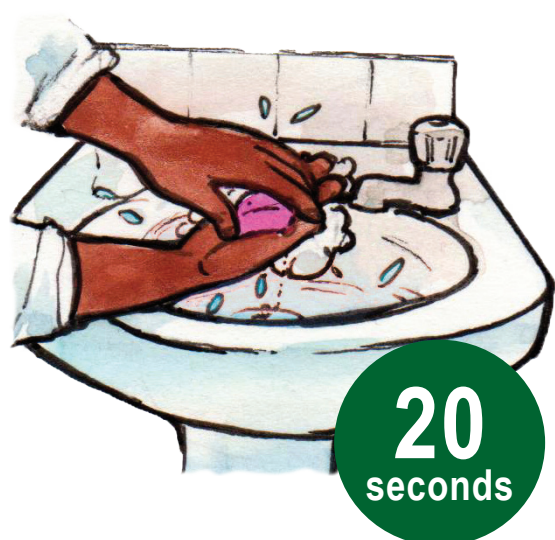


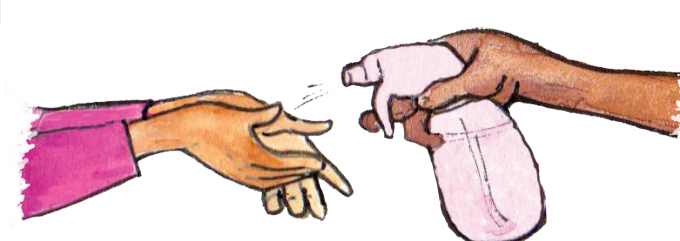
# Coronavirus

## Protect yourself and others

Wear a cloth mask at all times. Nobody will be allowed to enter without one.



Wash your hands often for at least 20 seconds with soap and water or use hand sanitiser.

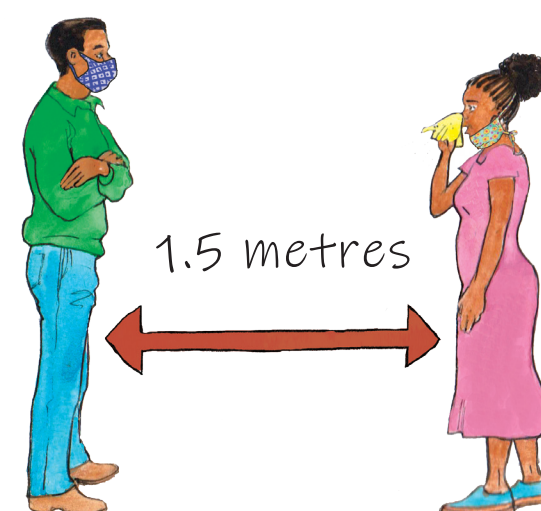


Do not touch your face with unwashed hands.



Cough or sneeze into your elbow or a tissue. Safely throw away the tissue.

Keep 1.5 metres apart from others.



health

Department:  
Health  
REPUBLIC OF SOUTH AFRICA

NICD 24-hour hotline number: 0800 11 1131 or 066 562 4021

[www.sacoronavirus.co.za](http://www.sacoronavirus.co.za)

Source: NDoH. COVID-19 Disease: Infection Prevention and Control Guidelines. 2020  
Adopted from and sponsored by the Knowledge Translation Unit (KTU).

