# **TITLE:** Intravenous bisphosphonates for the secondary prevention of osteoporosis-associated fractures Date: March 2024

#### **Key findings**

- » Oral bisphosphonates are approved at an Adult Hospital Level for secondary prevention of osteoporosisassociated fractures.
- » Motivation was received for consideration of intravenous (IV) bisphosphonates for the secondary prevention of osteoporosis factures in patients unable to tolerate oral bisphosphonates or where oral bisphosphonates are contraindicated.
- » Oral and IV bisphosphonates have been shown to be non-inferior terms of antifracture efficacy.<sup>1,5,7</sup>
- » There may be an increased risk of osteonecrosis of the jaw with use of IV bisphosphonates as compared to oral bisphosphonates, however this has not been adequately quantified, and the risk is lower than that seen in the oncology setting where higher doses are used.<sup>6</sup>
- » Oral bisphosphonates are still more affordable than IV bisphosphonates, however at current pricing, the annual use of IV zoledronate will only account for an approximate extra R20 per patient per year on IV bisphosphonates.

TERTIARY AND QUATERNARY EXPERT REVIEW COMMITTEE RECOMMENDATION:									
Type of recommendation	We recommend against the option and for the alternative (strong)	We suggest not to use the option or to use the alternative (conditional)	We suggest using either the option or the alternative (conditional)	We suggest using the option (conditional)	We recommend the option <b>(strong)</b>				
				Х					

It is recommended that IV bisphosphonates be considered for the secondary prevention of osteoporosis-associated fractures in patients unable to tolerate oral bisphosphonates, or in patients where oral bisphosphonates are contraindicated. Currently the most affordable IV bisphosphonate option is zoledronate, largely due to its annual dosing, as compared to ibandronate that requires 3 monthly dosing.

Rationale: In certain patient groups, the oral use of bisphosphonates is not possible due to lack of ability to stay upright after oral administration, and certain medical conditions. IV bisphosphonates are comparable to oral bisphosphonates in terms of fracture prevention. IV bisphosphonates may carry a higher risk for osteonecrosis of the jaw (ONJ) and thus patients should be appropriately monitored.

#### Level of Evidence:

(Refer to appendix 1 for the evidence to decision framework)

#### BACKGROUND

Bisphosphonates are potent inhibitors of osteoclastic bone resorption and have been used in clinical practice for the treatment of metabolic bone diseases. In South Africa, oral alendronate, oral risedronate, intravenous (IV) ibandronate and IV zoledronate are registered for the treatment of osteoporosis.<sup>1</sup> Bisphosphonates have been shown to prevent 50-70% of vertebral fractures and 40-50% of hip fractures in clinical trials.<sup>6</sup>

The Adult Hospital Level Standard Treatment Guidelines (STGs) and Essential Medicines List (EML) currently recommend the use of oral bisphosphonates for the secondary prevention of osteoporotic fracture in severe osteoporosis (patients who have a T-score of -2.5 plus an osteoporotic fracture); and for glucocorticoid-induced osteoporosis (patient on long-term, >3 months, corticosteroids at doses  $\geq$  5 mg/day).<sup>2</sup>

Although, the Adult Expert Review Committee review conducted in 2017 recommended bisphosphonate therapy for the secondary prevention of fragility fracture, it concluded that specific bisphosphonate was found to be superior over the other in terms of this outcome (this included analysis of both oral and IV bisphosphonates). The review also found that IV bisphosphonates were more likely to predispose patients to osteonecrosis of the jaw.<sup>3</sup>

Currently no intravenous bisphosphonates are approved for osteoporosis on the EML. Since anecdotally, some patients are unable to tolerate oral bisphosphonates, or oral bisphosphonates are contraindicated\*; motivation was received to consider an IV bisphosphonate in this indication.

No evidence was identified for the particular population of interest (those who are unable to tolerate oral bisphosphonates or those where oral bisphosphonates may be contraindicated), and thus the population was simplified. Thus, this review seeks to determine non-inferiority between oral and IV bisphosphonates; and investigate the implications and impact of using IV bisphosphonates in patients who are unable to take oral, including that of cost.

\*Oral bisphosphonates should be avoided in patients who are at a higher risk of these gastrointestinal adverse effects, including those who are not able to sit upright for at least 30 minutes after taking the bisphosphonate, and patients with oesophageal disorders such as achalasia, oesophageal stricture, Barrett's oesophagus, and oesophageal varices as well as patients who have undergone Roux-en-Y gastric bypass.<sup>4</sup>

#### Purpose/Objective i.e. PICO

-P (patient/population): Patients with osteoporosis (i.e. T-score ≤-2.5) plus an osteoporotic fracture (secondary prevention).

- -I (intervention): intravenous bisphosphonates
- -C (comparator): oral bisphosphonates
- -O (outcome)\*\*:
  - o Development of clinical fractures
  - o Hospitalisation
  - Safety
- -S (study type): Systematic review and meta-analysis; randomised controlled trials.

\*\* bone mineral density not included as a hard clinical outcome in secondary osteoporosis.

#### **Methods**

A rapid literature search was conducted in PubMed in February 2023 (See Appendix 2). Abstract and title screening, as well as full text review, was undertaken. A Cochrane Risk of Bias 1 assessment was conducted independently by two reviewers and conflicts resolved by discussion (JR and KM).

#### **Results**

The search yielded 37 meta-analyses and systematic reviews; and 57 randomised controlled trials (RCTs). Of these, one systematic review (for adverse effect of osteonecrosis of the jaw) and 1 post-hoc analysis of an RCT was identified for inclusion. Additionally, the systematic review and economic evaluation utilised it the Adult ERC Review was considered (however this was not specific to osteoporosis, and rather included all high-risk groups without the comparison of IV to oral). See appendix 3: Excluded studies.

Citation	Study design	Population (n)	Treatment	Main findings (details below in efficacy discussion)
lto et.al. 2017 (MOVER)⁵	Post-hoc analysis of a randomised, double-blind, active drug controlled trial (MOVER).	Subgroup n = 1134 Patients with prevalent vertebral fractures (1 or $\geq 2$ , and $\geq 3$ ) at screening and femoral neck bone mineral density T scores $\geq -2.5$ or < 2.5, and $< -3.0$ at baseline0	Ibandronate IV 0.5mg/month (376) OR Ibandronate IV1mg/month (382) OR Risedronate oral 2.5mg (376)	Overall incidence of vertebral fractures over 3 years was 16.1% (95% CI 12.2 – 19.9%) for IV ibandronate 1 mg; 19.9% (95% CI 15.6 – 24.1%) with ibandronate 0.5 mg; and 17.6% (95%CI 13.6 to 21.6%) for risedronate.

Table 1: Summary of included studies

	Systematic	18 articles: 8	Bisphosphonate	Majority of studies included found no cases of osteonecrosis of
	Review of	RCTs, 7 double-	exposure	the jaw (ONJ).
	meta-	blind RCTs, 1 open	(alendronate, IV	<ul> <li>One RCT found 2 cases: one in zoledronate group and one in</li> </ul>
	analyses,	clinical trial, 2	and oral	placebo group.
Common	systematic	meta-analyses.	ibandronate,	One systematic review identified 368 cases of ONJ (94% with IV
Carmona	reviews and		risedronate, IV	bisphosphonates, and 6% with oral bisphosphonates (estimated
et.al. 2013	clinical trials	Majority of	zoledronate)	incidence with IV bisphosphonates 3-10%).
		population =		• Less than 25% of ONJ cases occurred spontaneously, with factors
		middle-aged		associated with its occurrence being mainly dental procedures
		women with		and to a lesser extent defective dentures, trauma, bone
		osteoporosis		exostosis and drug therapy (corticosteroids).
	Systematic	46 RCTs (27	Alendronate;	<ul> <li>Network meta-analysis showed all treatments to be associated</li> </ul>
	Review and	studies providing	risedronate;	with beneficial effects on outcomes including fracture relative to
Davis et.a	l. Economic	data for fracture	ibandronate;	placebo. Osteonecrosis more commonly reported in participants
20167	evaluation	NMA	zoledronate	with malignancy receiving zoledronic acid, and usually associated
				with other factors.
Davis et.a 2016 <sup>7</sup>	Review and I. Economic evaluation	studies providing data for fracture NMA	risedronate; ibandronate; zoledronate	<ul> <li>Network meta-analysis showed all treatments to be associated with beneficial effects on outcomes including fracture relative to placebo. Osteonecrosis more commonly reported in participants with malignancy receiving zoledronic acid, and usually associated with other factors.</li> </ul>

The study was assessed as unclear risk of bias due to potential bias in outcomes data as the data for the subgroup analyses were drawn from the per protocol population of the MOVER study group.<sup>8</sup> It was also not clear due to the different formulations if a double dummy was utilised - See table 3.

#### Table 3: Risk of bias

	lto et.al, 2017
Random Sequence Generation (selection bias)	Low
Allocation Concealment (selection bias)	Low
Blinding of participants and personnel (performance bias)	unclear
Blinding of outcome assessment (detection bias)	Low
Incomplete Outcome Data (attrition bias)	unclear
Selective Reporting (reporting bias)	Low
Other Bias	Low
OVERALL	Unclear

#### Outcomes

#### Efficacy

#### **Development of Fractures**

#### Ito et.al 2017<sup>5</sup>

- <u>Overall incidence of vertebral fractures</u> over 3 years was 16.1% (95% Cl 12.2 19.9%, n=382) for IV ibandronate 1 mg; 19.9% (95% Cl 15.6 24.1%, n=376) with ibandronate 0.5 mg; and 17.6% (95% Cl 13.6 to 21.6%, n=376) for risedronate.
- Incidence vertebral fractures after 3 years in patient subgroups with baseline femoral neck BMD T Scores <-2.5, <-<u>3</u>

The vertebral fracture incidence was consistently lower, but not significantly so, with monthly IV ibandronate 1mg than with the other treatments, regardless of the baseline FN BMD T score.

-	_	
	T-score < -2.5 (95% CI)	T-score < -3 (95% Cl)
IV ibandronate 1 mg	16.4% (10.1 to 22.7%)	21.4% (11.7 to 31.0%)
IV ibandronate 0.5 mg	24.6% (18 to 31.2%)	28.4% (18 to 38.8%)
Oral risedronate 2.5 mg	19.1% (13.2 to 25%)	22.2% (13.6 to 30.8%)
Oral risedronate 2.5 mg	24.6% (18 to 31.2%) 19.1% (13.2 to 25%)	28.4% (18 to 38.8%) 22.2% (13.6 to 30.8%)

• Incidence of vertebral fractures after 3 years in patients with  $1, \ge 2$  and  $\ge 3$  vertebral fractures

	1 prevalent vertebral	≥ 2 prevalent vertebral	≥ 3 prevalent vertebral
	fracture (95% CI)	fractures (95% CI)	fractures (95% CI)
IV ibandronate 1 mg	11.2% (6.3 to 13.1%)	20.4% (14.6 to 26.3%)	25.2% (15.8 to 34.6%)
IV ibandronate 0.5 mg	15.1% (9.7 to 20.4%)	24.7% (18.2 to 31.3%)	28.5% (18.5 to 38.4%)
Oral risedronate 2.5 mg	12.6% (7.5 to 17.7%)	22.1% (16 to 28.2%)	31.3% (21.8 to 40.8%)

Incidence non-vertebral fractures after 3 years in patient subgroups with baseline T Scores ≥ -2.5, <-2.5, <-3</li>
 Incidence of non-vertebral fractures in the sub-groups of patients with FN BMD T Score < -2.5 and <-3 after 36 months was reported to be not significantly different [(HR IV ibandronate vs oral risedronate 0.87 (Cl 0.39 – 1.94) and 0.74 (Cl 0.27 -2.03) respectively].</li>

	T-score < -2.5	T-score < -3
IV ibandronate 1 mg	7.6%	8.5%
IV ibandronate 0.5 mg	10.8%	12.3%
Oral risedronate 2.5 mg	9.4%	12.4%

 Overall incidence of non - vertebral fractures over 3 years in patients with 1, ≥2 and ≥3 prevalent non-vertebral fractures

	1 prevalent non-vertebral	≥ 2 prevalent non-vertebral	≥ 3 prevalent non-vertebral	
	fracture	fractures	fractures	
IV ibandronate 1 mg	6.8%	7.6%	7.4%	
IV ibandronate 0.5 mg	10.2%	7.8%	8.5%	
Oral risedronate 2.5 mg	7.2%	9.5%	10.1%	

#### Davis 2016<sup>7</sup>

Forty-six RCTs were included in the effectiveness systematic review (27 RCTs providing data for fracture network metaanalysis (NMA) and 35 RCTs providing data for femoral neck BMD NMA. All the bisphosphonates had beneficial effects on fractures as compared to placebo; and vertebral fractures and percentage change in BMD were statistically significant. There was no evidence of difference in effect on fractures between bisphosphonates (oral and IV; and various bisphosphonates).

#### Adverse events

The Adult Review identified the possible higher risk of osteonecrosis of the jaw (ONJ) with use of IV bisphosphonates particularly zoledronate.

The risk of osteonecrosis of the jaw has been linked to cancer patients receiving IV bisphosphonate therapy at much higher doses (and multiple other risk factors) than in the osteoporosis setting. Carmona et.al. reported that there is "insufficient evidence to affirm that IV or oral bisphosphonates used exclusively for the treatment of osteoporosis lead to a significant risk of ONJ (evidence level 2a, grade B recommendations)".<sup>6</sup> In Davis et.al. four placebo-controlled RCTs evaluated zoledronic acid, one compared zoledronic acid with risedronic acid and one compared zoledronic acid with alendronic acid; all studies reported that no cases of spontaneous osteonecrosis were observed during the course of the RCT. One reported that cases of osteonecrosis in both the zoledronic acid and placebo groups following dental surgery (one case in each group) resolved with antibiotic therapy.<sup>7</sup>

Carmona et.al. reported that less than 25% of ONJ cases occur spontaneously, with factors associated with its occurrence being mainly dental procedures and to a lesser extent defective dentures, trauma, bone exostosis and drug therapy (corticosteroids).<sup>6</sup>

#### Local Guidelines

#### South African Guidelines

The National Osteoporosis Foundation of South Africa (NOFSA) Guidelines indicate bisphosphonates (no formulation recommended) as first-line treatment for osteoporosis in postmenopausal women, men and in certain secondary osteoporosis like glucocorticoid-induced osteoporosis GIOP (GRADE1/ $\emptyset \emptyset \emptyset \emptyset$  – high quality recommendation). This

guideline also indicates that there is no apparent clear difference in the antifracture efficacy of the bisphosphonates registered in this country, alendronate, ibandronate, risedronate or zoledronate, and no particular bisphosphonate is, therefore, recommended.<sup>1</sup>

#### African Guidelines

The African Society of Bone Health and Metabolic Bone Disease indicates that where oral bisphosphonates are not tolerated or contraindicated, intravenous bisphosphonates (or denosumab) are the most appropriate alternatives. (Grade 2a)<sup>9</sup>

#### Cost comparison

Doses:

- Zoledronate 4mg/5mg IVI annually
- Ibandronate 3 mg IVI 3 monthly
- Risedronic acid 35 mg PO weekly

Product	Regimen	Available product	Cost per product	Cost per dose	Cost per month	Cost per dose 3 months regimen	Annual cost
Zoledronate	4mg IVI annually for 3 years	Zoledronic acid 4mg/5ml injection	R124.66*	R124.66		-	R124.66
Ibandronate	3mg IVI every 3 months	Ibandronic acid; 6mg; injection; 6 ml	R113.85*	R113.85 (half discarded)		R113.85	R455.40
Risedronic acid	35mg PO weekly	Risedronic Acid; 35mg; Tablet; 4 Tablets	R8.51**	R2.13	R8.51		R102.12

\*New contract price taking effect 1 July 2024 \*\*MHPL February2024

The management of osteoporosis with oral bisphosphonates is more affordable as compared to IV bisphosphonates. Zoledronate is currently the most affordable IV bisphosphonates, with an annual cost difference of approximately R20 per patient.

#### QUALITY

Overall quality of the evidence for efficacy was assessed as low. Evidence comprised only one post-hoc analysis of an RCT which was assessed to be of an 'unclear' risk of bias. Sub-group analyses were based on per protocol population from the Nakamuru et.al.<sup>8</sup> and furthermore it was unclear if a double dummy was utilised as there were different formulations assessed. However, all other domains were considered to be low risk of bias. Sub-group populations did meet the population of interest for the PICO specifically (T-score ≤-2.5) and as there was only one study heterogeneity was not a concern. For the safety, quality of evidence was considered very low based on a systematic literature review reporting on evidence from SRs, MAs and RCTs (AMSTAR 2 assessment: Critically low quality, as no meta-analysis done, rather reporting on others).

#### SUMMARY

Oral and IV bisphosphonates for secondary prevention; have been shown to be non-inferior to each other in terms of fracture prevention. Additionally there is no data to suggest that one IV alternative is superior to another. There may be a higher chance of ONJ with use of IV bisphosphonates as compared to oral, however this occurrence appears to be low. The benefits of using bisphosphonates outweigh the risk of adverse effects such as the rare complication of osteonecrosis of the jaw.

Oral bisphosphonates are more affordable, however the use of annual IV zoledronate is currently only slightly more costly than the oral alternatives.

#### RECOMMENDATIONS

It is recommended that IV bisphosphonates be considered for the secondary prevention of osteoporosis-associated fractures in patients who are unable to tolerate oral bisphosphonates, or where oral bisphosphonates are contraindicated. Currently the most affordable IV bisphosphonate option is zoledronate, largely due to its annual dosing, as compared to ibandronate that requires 3 monthly dosing.

### Appendix 1: Evidence to decision framework

	JUDGEMENT	EVIDENCE & ADDITIONAL CONSIDERATIONS
OF C OF T	What is the certainty/quality of evidence? High Moderate Low Very low	Only one post-hoc analysis of an RCT included, assessed as unclear risk of bias. Sub-group populations however did
ALITY DENCE ENEFI		meet the population of interest specifically.
QU EVII		
	What is the size of the effect for beneficial outcomes?	Data shows non-inferiority between oral and IV bisphosphonates for fracture reduction.
<b>DF BENEFIT</b>	Large Moderate Small None	The vertebral fracture incidence was consistently lower, but not significantly so, with monthly IV ibandronate 1mg than with the other treatments, regardless of the baseline FN BMD T score.
EVIDENCE (		Incidence of non-vertebral fractures in the sub-groups of patients with FN BMD T Score < -2.5 and <-3 after 36 months was reported to be not significantly different [(HR IV ibandronate vs oral risedronate 0.87 (CI 0.39 – 1.94) and 0.74
	What is the certainty/quality of evidence?	One systematic literature review of SBs. MAs and PCTs
QUALITY OF EVIDENCE OF HARM	High       Moderate       Low       Very low         High       Image: Second	one systematic interature review of Sits, IVIAs and Kers
EVIDENCE OF HARMS	What is the size of the effect for harmful outcomes?         Large       Moderate       Small       None         X       X       X	Inconsistent reports of IV bisphosphonates causing more ONJ as compared to oral.
BENEFITS & HARMS	Do the desirable effects outweigh the undesirableharms?FavoursFavoursInterventioninterventioncontrol= Control orUncertainX	
FEASABILITY	Is implementation of this recommendation feasible? Yes No Uncertain X	The use of IV bisphosphonates, particularly zoledronate which is dosed annually have the propensity to increase patient adherence and be more feasible to the patient and the health care facility.

	JUDGEMENT			EVIDENCE & ADDITIONAL CONSIDERATIONS
ЭE	How large are th	ne resource require	ements?	See costing section – minimal cost implications per
ñ	More	Less intensive	Uncertain	patients.
SCE	intensive			
Inc	Х			
ESC				
R				
	Is there importa	nt uncertainty or v	ariability about	
ES,	how much people value the options?			
ZZ				
ERE	Minor	Major	Uncertain	
EFE	Х			
PR EP1				
ES,				
ערח	Is the option acc	eptable to key sta	keholders?	
٩٧	Yes	No	Uncertain	
	Х			
≥	Would there be	an impact on heal	th inequity?	All products available on tender
5	Yes	No	Uncertain	
EQ		Х		

## Appendix 2: Search Strategy

Search	Query	Search Details	Results
#1	Intravenous AND oral	(("intraveneous"[All Fields] OR "intraveneously"[All Fields] OR	37
	AND osteoporosis AND	"intravenous"[All Fields] OR "intravenously"[All Fields]) AND	
	bisphosphonates AND	("mouth"[MeSH Terms] OR "mouth"[All Fields] OR "oral"[All Fields]) AND	
	systematic	("bisphosphonated"[All Fields] OR "bisphosphonic"[All Fields] OR	
	reviews/meta-analyses	"diphosphonates"[MeSH Terms] OR "diphosphonates"[All Fields] OR	
		"bisphosphonate"[All Fields] OR "bisphosphonates"[All Fields]) AND	
		("osteoporosis"[MeSH Terms] OR "osteoporosis"[All Fields] OR	
		"osteoporoses"[All Fields] OR "osteoporosis, postmenopausal"[MeSH	
		Terms])) AND (meta-analysis[Filter] OR systematicreview[Filter])	
#2	Intravenous AND oral	(("intraveneous"[All Fields] OR "intraveneously"[All Fields] OR	57
	AND osteoporosis AND	"intravenous"[All Fields] OR "intravenously"[All Fields]) AND	
	bisphosphonates AND	("mouth"[MeSH Terms] OR "mouth"[All Fields] OR "oral"[All Fields]) AND	
	randomised controlled	("bisphosphonated"[All Fields] OR "bisphosphonic"[All Fields] OR	
	trial	"diphosphonates"[MeSH Terms] OR "diphosphonates"[All Fields] OR	
		"bisphosphonate"[All Fields] OR "bisphosphonates"[All Fields]) AND	
		("osteoporosis"[MeSH Terms] OR "osteoporosis"[All Fields] OR	
		"osteoporoses"[All Fields] OR "osteoporosis, postmenopausal"[MeSH	
		Terms])) AND (randomizedcontrolledtrial[Filter])	

## Appendix 3: Excluded studies

	Systematic reviews and meta-analyses	Reason for exclusion
1	The effectiveness of ibandronate in reducing the risk of nonvertebral fractures in women with osteoporosis:	Does not meet
	systematic review and meta-analysis of observational studies.	PICO
	Alves C, Mendes D, Penedones A, Oliveira T, Donato A, Batel-Marques F.Int J Clin Pharm. 2023 Dec 19. doi:	
	10.1007/s11096-023-01666-x.	
2	Cerebral palsy and bisphosphonates - and what can be learned from other types of secondary osteoporosis in	Does not meet
	children: A scoping review.	PICO
	Granild-Jensen JB, Pedersen LK, Langdahl B, Starup-Linde J, Rackauskaite G, Farholt S, Søndergaard C, Vestergaard	
	ET, Møller-Madsen B.Acta Paediatr. 2023 Apr;112(4):617-629. doi: 10.1111/apa.16671. Epub 2023 Feb	
	1.PMID: 36644940 Review.	
3	Bisphosphonates for osteoporosis in people with cystic fibrosis.	Does not meet
	Jeffery TC, Chang AB, Conwell LS.Cochrane Database Syst Rev. 2023 Jan 10;1(1):CD002010. doi:	PICO
	10.1002/14651858.CD002010.pub5.PMID: 36625789 Free PMC article. Review.	
4	Frequency of osteonecrosis in bisphosphonate users submitted to dental procedures: A systematic review.	Does not meet
	Martins LHI, Ferreira DC, Silva MT, Motta RHL, Franquez RT, Bergamaschi CC.Oral Dis. 2023 Jan;29(1):75-99. doi:	PICO
	10.1111/odi.14003. Epub 2021 Sep 22.PMID: 34402147 Review.	
5	Reduced All-Cause Mortality With Bisphosphonates Among Post-Fracture Osteoporosis Patients: A Nationwide	Does not meet
	Study and Systematic Review.	ΡΙϹΟ
	Hsu YH, Li CC, Liang FW, Peng ZY, Chang YF, Hsu JC, Ou HT, Wu CH.Clin Pharmacol Ther. 2022 Sep;112(3):711-719.	
	doi: 10.1002/cpt.2645. Epub 2022 Jun 4.PMID: 35561128	<b>.</b>
6	Interventions for managing medication-related osteonecrosis of the jaw.	Does not meet
	Beth-Tasdogan NH, Mayer B, Hussein H, Zolk O, Peter JU.Cochrane Database Syst Rev. 2022 Jul 12;7(7):CD012432.	РІСО
	doi: 10.1002/14651858.CD012432.pub3.PMID: 35866376 Free PMC article. Review.	<b>.</b>
/	Genome-wide Association Study Identified Chromosome & Locus Associated with Medication-Related Osteonecrosis	Does not meet
	Of the Jaw.	PICO
	Talig G, Singli S, MicDonough CW, Landad JK, Handuen I, Holliudy LS, Walig D, Kalz J, Lakalos PA, Balla B, Kosa JP,	
	Pelliccioni GA, Price DK, Van Dhest SL, Figg WD, Langdee T, Moreb JS, Gong T.Clin Pharmacol Ther. 2021	
0	Dec, 110(0).1556-1565. doi: 10.1002/cpt.2557. Epub 2021 Aug 51.FMID. 54556565 Free File allice.	Doos not moot
0	Systematic Review	
	Sher I. Kirkham-Ali K. Luo ID. Miller C. Sharma D. I. Oral Implantol. 2021. Jun 1:47(3):249-268. doi: 10.1563/aaid-ioi-D-	FICO
	19-00351 PMID: 32699903	
9	Bisphosphonate-associated osteonecrosis of the jaw	Does not meet
	Erreira Ir I H. Ir. Mendonca Ir KD. Ir. Chaves de Souza I. Soares Dos Reis DC. do Carmo Faleiros Veloso Guedes C. de	PICO – look at
	Souza Castro Filice L. Bruzadelli Macedo S. Soares Rocha F.Minerva Dent Oral Sci. 2021 Feb:70(1):49-57. doi:	treatment
	10.23736/S2724-6329.20.04306-X. Epub 2020 Sep 22.PMID: 32960522	
10	Efficacy and Safety of First- and Second-Line Drugs to Prevent Glucocorticoid-Induced Fractures.	Does not meet
_		PICO

	Ding L, Hu J, Wang D, Liu Q, Mo Y, Tan X, Wen F.J Clin Endocrinol Metab. 2020 Jan 1;105(1):dgz023. doi: 10.1210/clinem/dgz023. RMID: 31513250	
11	10.1210/clinein/ug2023.FMID. 51515250	Does not meet
	Beth-Tasdogan NH, Mayer B, Hussein H, Zolk O.Cochrane Database Syst Rev. 2017 Oct 6;10(10):CD012432. doi: 10.1002/14651858.CD012432.pub2.PMID: 28983908 Free PMC article. Updated. Review.	PICO
12	Surgical treatment vs. conservative treatment in intravenous bisphosphonate-related osteonecrosis of the jaws.	Does not meet
	<u>Systematic review.</u> Comas-Calonge A, Figueiredo R, Gay-Escoda C.J Clin Exp Dent. 2017 Feb 1;9(2):e302-e307. doi: 10.4317/jced.53504. eCollection 2017 Feb.PMID: 28210453 Free PMC article. Review.	PICO
13	Interventions to prevent and treat corticosteroid-induced osteoporosis and prevent osteoporotic fractures in	Does not meet
	Duchenne muscular dystrophy.	PICO
	Bell JM, Shields MD, Watters J, Hamilton A, Beringer T, Elliott M, Quinlivan R, Tirupathi S, Blackwood B.Cochrane	
	Database Syst Rev. 2017 Jan 24;1(1):CD010899. doi: 10.1002/14651858.CD010899.pub2.PMID: 28117876 Free PMC	
14	Adjuvant hisphosphonatos in party breast cancer: concensus guidance for clinical practice from a European Banel	Doos not moot
14	Hadivant displosphonates in early dreast cancer: consensus guidance for clinical practice from a European Panel. Hadii P. Coleman RF. Wilson C. Powles TL Clézardin P. Aapro M. Costa L. Body II. Markopoulos C. Santini D. Diel I. Di	PICO
	Leo A, Cameron D, Dodwell D, Smith I, Gnant M, Gray R, Harbeck N, Thurlimann B, Untch M, Cortes J, Martin M,	
	Albert US, Conte PF, Ejlertsen B, Bergh J, Kaufmann M, Holen I.Ann Oncol. 2016 Mar;27(3):379-90. doi:	
	10.1093/annonc/mdv617. Epub 2015 Dec 17.PMID: 26681681 Free article. Review.	
15	Dose-Effectiveness Relationships Determining the Efficacy of Ibandronate for Management of Osteoporosis: A	Does not meet
	Meta-Analysis.	PICO
	10 1097/MD 000000000000000 PMID: 26131800 Free PMC article. Review	
16	Treatment of glucocorticoid-induced low bone mineral density in children: a systematic review.	Does not meet
	Jayasena A, Atapattu N, Lekamwasam S.Int J Rheum Dis. 2015 Mar;18(3):287-93. doi: 10.1111/1756-	PICO
	185X.12560.PMID: 25923606 Review.	
17	Is there enough evidence to use bisphosphonates in HIV-infected patients? A systematic review and meta-analysis.	Does not meet
18	Risk of atrial fibrillation with use of oral and intravenous bisphosphonates	Does not meet
	Sharma A, Einstein AJ, Vallakati A, Arbab-Zadeh A, Walker MD, Mukherjee D, Homel P, Borer JS, Lichstein E.Am J	PICO
	Cardiol. 2014 Jun 1;113(11):1815-21. doi: 10.1016/j.amjcard.2014.03.008. Epub 2014 Mar	
	15.PMID: 24837258 Review.	
19	Bisphosphonates for osteoporosis in people with cystic fibrosis.	Does not meet
	Conwell LS, Chang AB.Cochrane Database Syst Rev. 2014 Mar 14;2014(3):CD002010. doi: 10.1002/14651858 CD002010 pub/ PMID: 24627308 Free PMC article Lindated Review	РІСО
20	Risk of osteonecrosis in patients taking bisphosphonates for prevention of osteoporosis: a systematic review and	Does not meet
	meta-analysis.	PICO
	Lee SH, Chang SS, Lee M, Chan RC, Lee CC.Osteoporos Int. 2014 Mar;25(3):1131-9. doi: 10.1007/s00198-013-2575-3.	
21	Epub 2013 Dec 17.PMID: 24343364 Review.	Doos not most
21	term extension studies.	PICO
	Miller PD, Recker RR, Harris S, Silverman S, Felsenberg D, Reginster J, Day BM, Barr C, Masanauskaite D.Osteoporos	
	Int. 2014 Jan;25(1):349-57. doi: 10.1007/s00198-013-2518-z. Epub 2013 Oct 18.PMID: 24136103	
22	Effectiveness of bisphosphonate analogues and functional electrical stimulation on attenuating post-	Does not meet
	Injury osteoporosis in spinal cord injury patients- a systematic review and meta-analysis.	РІСО
	10.1371/journal.pone.0081124. eCollection 2013.PMID: 24278386 Free PMC article Review	
23	Systematic literature review of bisphosphonates and osteonecrosis of the jaw in patients with osteoporosis.	Duplicate and
	Chamizo Carmona E, Gallego Flores A, Loza Santamaría E, Herrero Olea A, Rosario Lozano MP.Reumatol Clin. 2013	included
	May-Jun;9(3):172-7. doi: 10.1016/j.reuma.2012.05.005. Epub 2012 Jul 10.PMID: 22784630 Free	
24	article. Review. English, Spanish.	Doos not most
24	therapy: a systematic review and meta-analysis.	PICO
	Ding H, Yang L, Du W, Teng Y, Fu SJ, Tao Y, Lu JZ, Wang ZP.Asian Pac J Cancer Prev. 2013;14(5):3337-43. doi:	
	10.7314/apjcp.2013.14.5.3337.PMID: 23803126 Free article. Review.	
25	Bisphosphonates for osteoporosis in people with cystic fibrosis.	Does not meet
	Conwell LS, Chang AB.Cochrane Database Syst Rev. 2012 Apr 18;(4):CD002010. doi:	PICO
26	Evidence of sustained vertebral and nonvertebral antifracture efficacy with ibandronate therapy: a systematic	Does not meet
	review.	PICO
	Adami S, Idolazzi L, Rossini M.Ther Adv Musculoskelet Dis. 2011 Apr;3(2):67-79. doi:	
27	10.1177/1759720X10395651.PMID: 22870467 Free PMC article.	Dees not mart
21	Haworth CS Curr Onin Pulm Med. 2010 Nov:16(6):616-22. doi:	PICO
	10.1097/MCP.0b013e32833e2e94.PMID: 20739891 Review.	
28	Ibandronate does not increase risk of atrial fibrillation in analysis of pivotal clinical trials.	Does not meet
	Lewiecki EM, Cooper C, Thompson E, Hartl F, Mehta D, Papapoulos SE.Int J Clin Pract. 2010 May;64(6):821-6. doi:	PICO

29	Bisphosphonates for osteoporosis in people with cystic fibrosis.	Does not meet
	Conwell LS, Chang AB.Cochrane Database Syst Rev. 2009 Oct 7;(4):CD002010. doi:	PICO
	10.1002/14651858.CD002010.pub2.PMID: 19821288 Updated. Review.	
30	What impact do systemically administrated bisphosphonates have on oral implant therapy? A systematic review.	Does not meet
	Madrid C, Sanz M.Clin Oral Implants Res. 2009 Sep;20 Suppl 4:87-95. doi: 10.1111/j.1600-	PICO
	0501.2009.01772.x.PMID: 19663954 Review.	
31	Bisphosphonate associated osteonecrosis of the jaw.	Does not meet
	Khan AA, Sándor GK, Dore E, Morrison AD, Alsahli M, Amin F, Peters E, Hanley DA, Chaudry SR, Lentle B, Dempster	PICO
	DW, Glorieux FH, Neville AJ, Talwar RM, Clokie CM, Mardini MA, Paul T, Khosla S, Josse RG, Sutherland S, Lam DK,	
	Carmichael RP, Blanas N, Kendler D, Petak S, Ste-Marie LG, Brown J, Evans AW, Rios L, Compston JE; Canadian	
	Taskforce on Osteonecrosis of the Jaw.	
32	Factors associated with osteonecrosis of the jaw among bisphosphonate users.	Does not meet
	Hess LM, Jeter JM, Benham-Hutchins M, Alberts DS.Am J Med. 2008 Jun;121(6):475-483.e3. doi:	PICO
	10.1016/j.amjmed.2008.01.047.PMID: 18501224 Free PMC article. Review.	
33	Ibandronate and the risk of non-vertebral and clinical fractures in women with postmenopausal osteoporosis:	Does not meet
	results of a meta-analysis of phase III studies.	PICO
	Harris ST, Blumentals WA, Miller PD.Curr Med Res Opin. 2008 Jan;24(1):237-45. doi:	
	10.1185/030079908x253717.PMID: 18047776	
34	Bisphosphonate therapy for children and adolescents with secondary osteoporosis.	Does not meet
	Ward L, Tricco AC, Phuong P, Cranney A, Barrowman N, Gaboury I, Rauch F, Tugwell P, Moher D.Cochrane Database	PICO
	Syst Rev. 2007 Oct 17;2007(4):CD005324. doi: 10.1002/14651858.CD005324.pub2.PMID: 17943849 Free PMC	
	article. Review.	
35	A semimechanistic and mechanistic population PK-PD model for biomarker response to ibandronate, a	Does not meet
	new bisphosphonate for the treatment of osteoporosis.	PICO
	Pillai G, Gieschke R, Goggin T, Jacqmin P, Schimmer RC, Steimer JL.Br J Clin Pharmacol. 2004 Dec;58(6):618-31. doi:	
	10.1111/j.1365-2125.2004.02224.x.PMID: 15563360	
36	Bisphosphonates for osteoporosis in people with cystic fibrosis.	Does not meet
	Brenckmann C, Papaioannou A.Cochrane Database Syst Rev. 2001;(4):CD002010. doi:	PICO
	10.1002/14651858.CD002010.PMID: 11687132 Updated. Review.	

	Randomised controlled trials	Reason for
		exclusion
1	Cost Analysis of a Fracture Liaison Service: A Randomized Controlled Trial for the Secondary Prevention After	Does not meet
	Fragility Fractures of the Hip.	PICO
	Zinger G, Davidson A, Sylvetsky N, Levy Y, Peyser A.Endocr Pract. 2023 Oct;29(10):794-802. doi:	
	10.1016/j.eprac.2023.07.030. Epub 2023 Aug 2.PMID: 37541586 Clinical Trial.	
2	Effect of a Three-Day Course of Dexamethasone on Acute Phase Response Following Treatment With Zoledronate: A	Does not meet
	Randomized Controlled Trial.	PICO
	Murdoch R, Mellar A, Horne AM, Billington E, Chan PL, Gamble GD, Reid IR.J Bone Miner Res. 2023 May;38(5):631-	
	638. doi: 10.1002/jbmr.4802. Epub 2023 Apr 9.PMID: 36970850 Clinical Trial.	
3	Efficacy and safety of denosumab vs. bisphosphonates in postmenopausal women previously treated	Does not meet
	with oral bisphosphonates.	PICO
	Miller PD, Pannacciulli N, Malouf-Sierra J, Singer A, Czerwiński E, Bone HG, Wang C, Huang S, Chines A, Lems W,	
	Brown JP.Osteoporos Int. 2020 Jan;31(1):181-191. doi: 10.1007/s00198-019-05233-x. Epub 2019 Nov	
	28.PMID: 31776637 Clinical Trial.	
4	Comparison of BMD Changes and Bone Formation Marker Levels 3 Years After Bisphosphonate Discontinuation:	Does not meet
	FLEX and HORIZON-PFT Extension I Trials.	PICO
	Kim TY, Bauer DC, McNabb BL, Schafer AL, Cosman F, Black DM, Eastell R.J Bone Miner Res. 2019 May;34(5):810-	
	816. doi: 10.1002/jbmr.3654. Epub 2019 Jan 15.PMID: 30536713 Free PMC article. Clinical Trial.	
5	Comparative adherence to weekly oral and quarterly intravenous bisphosphonates among patients with limited	Does not meet
	heath literacy who sustained distal radius fractures.	PICO – wrong
	Roh YH, Noh JH, Gong HS, Baek GH.J Bone Miner Metab. 2018 Sep;36(5):589-595. doi: 10.1007/s00774-017-0867-y.	outcome
	Epub 2017 Oct 5.PMID: 28983705 Clinical Trial.	
6	Monthly <b>oral</b> ibandronate 100 mg is as effective as monthly <b>intravenous</b> ibandronate 1 mg in patients with various	Does not meet
	pathologies in the MOVEST study.	PICO – wrong
	Hagino H, Ito M, Hashimoto J, Yamamoto M, Endo K, Katsumata K, Asao Y, Matsumoto R, Nakano T, Mizunuma H,	outcome
	Nakamura T.J Bone Miner Metab. 2018 May;36(3):336-343. doi: 10.1007/s00774-017-0839-2. Epub 2017 Apr	
	7.PMID: 28389932 Clinical Trial.	
7	Effect of single-dose dexamethasone on acute phase response following zoledronic acid: a randomized controlled	Does not meet
	trial.	PICO
	Billington EO, Horne A, Gamble GD, Maslowski K, House M, Reid IR.Osteoporos Int. 2017 Jun;28(6):1867-1874. doi:	
	10.1007/s00198-017-3960-0. Epub 2017 Feb 23.PMID: 28233020 Clinical Trial.	
8	Efficacy and safety of once-yearly zoledronic acid in Japanese patients with primary osteoporosis: two-year results	Does not meet
	from a randomized placebo-controlled double-blind study (Zoledronate treatment in Efficacy to osteoporosis; ZONE	ΡΙϹΟ
	study).	
	Nakamura T, Fukunaga M, Nakano T, Kishimoto H, Ito M, Hagino H, Sone T, Taguchi A, Tanaka S, Ohashi M, Ota Y,	
	Shiraki M.Osteoporos Int. 2017 Jan;28(1):389-398. doi: 10.1007/s00198-016-3736-y. Epub 2016 Sep	
	8.PMID: 27631091 Free PMC article. Clinical Trial.	

9	Higher response with bone mineral density increase with monthly injectable ibandronate 1 mg compared	Does not meet
	with <b>oral</b> risedronate in the MOVER study.	PICO – wrong
	Nakano T. Yamamoto M. Hashimoto I. Tobinai M. Yoshida S. Nakamura T.I. Bone Miner Metab. 2016 Nov:34(6):678-	outcome
	684 doi: 10 1007/s00774-015-0717-8 Epub 2015 Oct 13 PMID: 26462480 Clinical Trial	
10	The optimal dose selection of ibandronate in lananese nations with asteoporasis based on pharmacokinetic	Does not meet
10	and nharmacodynamic properties	
	Nakai K. Tohinai M. Hashimoto I. Jida S. Kawanishi T. Fur I. Drug Metah Pharmacokinet. 2016 Apr: 41(2):139-47. doi:	neo
	10 1007/c13318-01/-02/2-5 Epub 201/ Dec 5 PMID: 25/76005 Eree DMC article Clinical Trial	
11	Clinical efficacy and safety of monthly and island monate 100 mg years monthly intraveneus island round a 1 mg in	Doos not moot
	Cinical endacy and safety of monthly of an inandionate 100 mg versus monthly intravenous inandionate 1 mg m	Dues not meet
	Japanese patients with primary osteoporosis.	PICO
	Nakamura 1, ito M, Hashimoto J, Shinomiya K, Asao Y, Katsumata K, Hagino H, Inoue T, Nakano T, Mizuhuma H;	
	MOVEST Study Group. Osteoporos Int. 2015 Nov;26(11):2685-93. doi: 10.1007/S00198-015-3175-1. Epub 2015 May	
	23.PMID: 26001561 Free PMC article. Clinical Trial.	
12	Cost-minimization study comparing annual infusion of zoledronic acid or weekly <b>oral</b> alendronate in women with	Does not meet
	low bone mineral density.	PICO – wrong
	Chavez-Valencia V, Arce-Salinas CA, Espinosa-Ortega F.J Clin Densitom. 2014 Oct-Dec;17(4):484-9. doi:	outcome
	10.1016/j.jocd.2013.12.001. Epub 2014 Mar 5.PMID: 24613450 Clinical Trial.	
13	Clinical efficacy on fracture risk and safety of 0.5 mg or 1 mg/month intravenous ibandronate versus 2.5	Does not meet
	mg/day oral risedronate in patients with primary osteoporosis.	PICO
	Nakamura T, Nakano T, Ito M, Hagino H, Hashimoto J, Tobinai M, Mizunuma H; MOVER Study Group.Calcif Tissue	
	Int. 2013 Aug;93(2):137-46. doi: 10.1007/s00223-013-9734-6. Epub 2013 May 5.PMID: 23644930 Free PMC	
	article. Clinical Trial.	
14	Intramuscular neridronate in patients with rheumatoid arthritis using corticosteroids: evaluation of treatment	Does not meet
	adherence in a randomized, open-label comparison with other bisphosphonates.	PICO
	Muratore M, Quarta E, Quarta L.Acta Biomed. 2013 Jun 1;84(1):23-9.PMID: 24189759 Clinical Trial.	
<mark>15</mark>	Effect on bone turnover markers of once-yearly intravenous infusion of zoledronic acid versus daily oral risedronate	Does not meet
	in patients treated with glucocorticoids.	PICO
	Devogelaer JP, Sambrook P, Reid DM, Goemaere S, Ish-Shalom S, Collette J, Su G, Bucci-Rechtweg C, Papanastasiou	
	P, Reginster JY.Rheumatology (Oxford). 2013 Jun;52(6):1058-69. doi: 10.1093/rheumatology/kes410. Epub 2013 Jan	
	30.PMID: 23365149 Clinical Trial.	
16	Efficacy of a combined alendronate and calcitriol agent (Maxmarvil®) in Korean postmenopausal women with early	Does not meet
	breast cancer receiving aromatase inhibitor: a double-blind, randomized, placebo-controlled study.	PICO
	Rhee Y, Song K, Park S, Park HS, Lim SK, Park BW.Endocr J. 2013;60(2):167-72. doi: 10.1507/endocrj.ej12-0283. Epub	
	2012 Oct 13.PMID: 23064476 Free article. Clinical Trial.	
17	A 1-year randomized, double-blind, placebo-controlled study of intravenous ibandronate on bone loss following	Does not meet
	renal transplantation.	PICO
	Smerud KT, Dolgos S, Olsen IC, Åsberg A, Sagedal S, Reisæter AV, Midtvedt K, Pfeffer P, Ueland T, Godang K,	
	Bollerslev J, Hartmann A.Am J Transplant. 2012 Dec;12(12):3316-25. doi: 10.1111/j.1600-6143.2012.04233.x. Epub	
	2012 Sep 4.PMID: 22946930 Free article. Clinical Trial.	
18	A multicenter randomized double-masked comparative study of different preparations of alendronate	Does not meet
	in osteoporosis - monthly (four weeks) intravenous versus once weekly oral administrations.	ΡΙϹΟ
	Shiraki M, Nakamura T, Fukunaga M, Sone T, Usami A, Inoue T.Curr Med Res Opin. 2012 Aug;28(8):1357-67. doi:	
	10.1185/03007995.2012.709838. Epub 2012 Jul 20.PMID: 22769235 Clinical Trial.	
19	Quality of life and health status with zoledronic acid and generic alendronatea secondary analysis of the Rapid	Does not meet
	Onset and Sustained Efficacy (ROSE) study in postmenopausal women with low bone mass.	PICO
	Hadii P. Ziller V. Gamerdinger D. Spieler W. Articus K. Baier M. Moericke R. Kann PH.Osteoporos Int. 2012	
	Jul:23(7):2043-51. doi: 10.1007/s00198-011-1834-4. Epub 2011 Nov 16.PMID: 22086310 Clinical Trial.	
20	Long-term administration of quarterly IV ibandronate is effective and well tolerated in	Does not meet
	postmenopausal <b>osteoporosis</b> : 5-year data from the DIVA study long-term extension.	PICO
	Bianchi G, Czerwinski E, Kenwright A, Burdeska A. Recker RR. Felsenberg D.Osteoporos Int. 2012 Jun:23(6):1769-78.	
	doi: 10.1007/s00198-011-1793-9.PMID: 21975558 Clinical Trial.	
21	Post hoc analysis of a single IV infusion of zoledronic acid versus daily <b>oral</b> risedronate on lumbar spine bone	Does not meet
	mineral density in different subgroups with glucocorticoid-induced <b>osteoporosis</b> .	PICO – wrong
	Roux C. Reid DM. Devogelaer IP, Saag K. Lau CS, Reginster IV, Papanastasiou P, Bucci-Rechtweg C, Su G, Sambrook	design
	PN.Osteoporos Int. 2012 Mar:23(3):1083-90. doi: 10.1007/s00198-011-1800-1.PMID: 21975559 Clinical Trial.	
22	Banid Onset and Sustained Efficacy (BOSE) study: results of a randomised multicentre trial comparing the effect of	Does not meet
	zoledronic acid or alendronate on hone metabolism in nostmenonausal women with low hone mass	PICO
	Hadii P. Gamerdinger D. Spieler W. Kann PH. Loeffler H. Articus K. Möricke R. Ziller V. Osteonoros Int. 2012	
	Feb:23(2):625-33. doi: 10.1007/s00198-011-1583-4. Fnub 2011 Mar 26 PMID: 21442459 Clinical Trial	
23	Treatment with acetaminophen/paracetamol or ihuprofen alleviates nost-dose symptoms related	Does not meet
2.5	to <b>intravenous</b> infusion with zoledronic acid 5 mg	PICO
	Wark ID Bensen W. Becknor C. Ryahitseya O. Chiodo I 3rd. Mesenhrink P. de Villiers TI Osteonoros Int. 2012	
	Feh:23(2):503-12 doi: 10.1007/s00198-011-1562-8 Fourb 2011 Feb 19 DMID: 21221/67 Clinical Trial	
24	Effects of <b>intravenous</b> inandronate injection on ronal function in woman with nectmononaucal <b>extrementer</b> at high	Does not most
24	rick for repail disease-the DIVINE study	
	Miller DD Ragi-Eis S Mautalen C Ramirez E Jonkanski I Rone 2011 Dec:40/6/:1217-22 doi:	
	10 1016/i hone 2011 00 025 Enub 2011 Cen 16 DMID: 210/6727 Clinical Trial	
25	10.1010/j.00110.2011.03.033. Lyuu 2011 3EP 10.719110. 21343/3/ Ullilledi IIIdl.	Door not most
25	compansion of alchuronate and parmuronate on pone loss in Kidney transplant patients for the first o months of	
		- II I I

	Omidvar B, Ghorbani A, Shahbazian H, Beladi Mousavi SS, Shariat Nabavi SJ, Alasti M.Iran J Kidney Dis. 2011 Nov:5(6):420-4.PMID: 22057076 <b>Free article.</b> Clinical Trial.	
26	<b>Bisnboshbonate</b> -related osteonecrosis: laser-assisted surgical treatment or conventional surgery?	Does not meet
20	Atalay B, Yalcin S, Emes Y, Aktas I, Aybar B, Issever H, Mandel NM, Cetin O, Oncu B.Lasers Med Sci. 2011 Nov;26(6):815-23. doi: 10.1007/s10103-011-0974-2. Epub 2011 Aug 2.PMID: 21809068 Clinical Trial.	PICO
27	Effect of zoledronic acid compared with raloxifene on bone turnover markers in postmenopausal women with low	Does not meet
	<u>bone density.</u> Bachmann G, Kriegman A, Gonçalves J, Kianifard F, Warren M, Simon JA.Menopause. 2011 Aug;18(8):851-6. doi: 10.1097/gme.0b013e31820b80f1.PMID: 21796066 Clinical Trial.	PICO
28	Increases in hip and spine bone mineral density are predictive for vertebral antifracture efficacy with ibandronate. Miller PD, Delmas PD, Huss H, Patel KM, Schimmer RC, Adami S, Recker RR.Calcif Tissue Int. 2010 Oct;87(4):305-13. doi: 10.1007/s00223-010-9403-y. Epub 2010 Aug 25.PMID: 20737140 Clinical Trial.	Does not meet PICO
29	Characterization of and risk factors for the acute-phase response after zoledronic acid. Reid IR, Gamble GD, Mesenbrink P, Lakatos P, Black DM.J Clin Endocrinol Metab. 2010 Sep;95(9):4380-7. doi: 10.1210/jc.2010-0597. Epub 2010 Jun 16.PMID: 20554708 Clinical Trial.	Does not meet PICO
30	Infusion of ibandronate once every 3 months effectively decreases bone resorption markers and increases bone mineral density in Chinese postmenopausal osteoporotic women: a 1-year study. Li M, Xing XP, Zhang ZL, Liu JL, Zhang ZL, Liu DG, Xia WB, Meng XW.J Bone Miner Metab. 2010 May;28(3):299-305. doi: 10.1007/s00774-009-0126-y. Epub 2009 Oct 24.PMID: 19855926 Clinical Trial.	Does not meet PICO
31	Effects of intermittent intravenous ibandronate injections on bone quality and micro-architecture in women with	Does not meet
	<u>postmenopausal <b>osteoporosis</b>: the DIVA study.</u> Recker RR, Ste-Marie LG, Langdahl B, Czerwinski E, Bonvoisin B, Masanauskaite D, Rowell L, Felsenberg D.Bone. 2010 Mar;46(3):660-5. doi: 10.1016/j.bone.2009.11.004. Epub 2009 Nov 10.PMID: 19909829 Clinical Trial.	PICO
32	Zoledronic acid and risedronate in the prevention and treatment of glucocorticoid-	Does not meet
	induced osteoporosis (HORIZON): a multicentre, double-blind, double-dummy, randomised controlled trial.	PICO
	Reid DM, Devogelaer JP, Saag K, Roux C, Lau CS, Reginster JY, Papanastasiou P, Ferreira A, Hartl F, Fashola T,	
	Mesenbrink P, Sambrook PN; HORIZON investigators.Lancet. 2009 Apr 11;373(9671):1253-63. doi: 10.1016/S0140-	
22	6736(09)60250-6.PMID: 19362675 Clinical Irial.	Doos not moot
33	Adami S, Gatti D, Bertoldo F, Sartori L, Di Munno O, Filipponi P, Marcocci C, Frediani B, Palummeri E, Fiore CE, Costi D, Rossini M.Calcif Tissue Int. 2008 Nov;83(5):301-7. doi: 10.1007/s00223-008-9179-5. Epub 2008 Oct	PICO
34	Efficacy and tolerability of <b>intravenous</b> ibandronate injections in postmenopausal <b>osteoporosis</b> : 2-year results from	Does not meet
	<u>the DIVA study.</u> Eisman JA, Civitelli R, Adami S, Czerwinski E, Recknor C, Prince R, Reginster JY, Zaidi M, Felsenberg D, Hughes C, Mairon N, Masanauskaite D, Reid DM, Delmas PD, Recker RR.J Rheumatol. 2008 Mar;35(3):488-97. Epub 2008 Feb	PICO
35	Incidence of osteonecrosis of the jaw in women with postmenopausal <b>osteoporosis</b> in the health outcomes and	Does not meet
	reduced incidence with zoledronic acid once yearly pivotal fracture trial.	PICO
	Grbic JT, Landesberg R, Lin SQ, Mesenbrink P, Reid IR, Leung PC, Casas N, Recknor CP, Hua Y, Delmas PD, Eriksen EF; Health Outcomes and Reduced Incidence with Zoledronic Acid Once Yearly Pivotal Fracture Trial Research Group.J Am Dent Assoc. 2008 Jan;139(1):32-40. doi: 10.14219/jada.archive.2008.0017.PMID: 18167382 Clinical Trial.	
36	A double-blind placebo-controlled study of intravenous clodronate for prevention of steroid-induced bone loss in	Does not meet
	inflammatory bowel disease.	PICO
	Abitbol V, Briot K, Roux C, Roy C, Seksik P, Charachon A, Bouhnik Y, Coffin B, Allez M, Lamarque D, Chaussade S.Clin Gastroenterol Hepatol. 2007 Oct;5(10):1184-9. doi: 10.1016/j.cgh.2007.05.016. Epub 2007 Aug 1.PMID: 17683996 Clinical Trial.	
37	Intravenous zoledronic acid 5 mg in the treatment of postmenopausal women with low bone density previously	Does not meet
	neated with diendronate. McClung M. Recker R. Miller P. Fiske D. Minkoff I. Kriegman A. Zhou W. Adera M. Davis I Rone, 2007 Jul-41(1)-122-8	outcome
	doi: 10.1016/j.bone.2007.03.011. Epub 2007 Mar 24.PMID: 17468062 Clinical Trial.	5200500
38	[Fracture prevention in postmenopausal women with osteoporosis by an annual infusion of zoledronic acid].	Does not meet
	Geusens PP, Lems WF.Ned Tijdschr Geneeskd. 2007 Jun 30;151(26):1445-8.PMID: 17633971 Clinical Trial. Dutch.	PICO
39	A single zoledronic acid infusion reduces bone resorption markers more rapidly than weekly <b>oral</b> alendronate in postmenopausal women with low bone mineral density.	Does not meet PICO -wrong
	Saag K, Lindsay R, Kriegman A, Beamer E, Zhou W.Bone. 2007 May;40(5):1238-43. doi: 10.1016/j.bone.2007.01.016. Epub 2007 Feb 8.PMID: 17347063 Clinical Trial.	outcome
40	Intravenous ibandronate injections in postmenopausal women with osteoporosis: one-year results from the	Does not meet
	dosing intravenous administration study.	PICO -wrong
	Delmas PD, Adami S, Strugala C, Stakkestad JA, Reginster JY, Felsenberg D, Christiansen C, Civitelli R, Drezner MK,	outcome
	Recker RR, Bolognese M, Hughes C, Masanauskaite D, Ward P, Sambrook P, Reid DM.Arthritis Rheum. 2006	
	Jun;54(6):1838-46. doi: 10.1002/art.21918.PMID: 16729277 Free article. Clinical Trial.	
41	Impact of alendronate on quality of life in children with osteogenesis imperfecta.	Does not meet
	Dec:25/6):786-01. doi: 10.1007/01.boo.0000176162.79090.od DMID: 16204127.Clinical Trial	PICO
42	Effective doses of ibandronate do not influence the 3-year progression of aortic calcification in alderly octeoporatic	Does not meet
	women.	PICO
	Tankó LB, Qin G, Alexandersen P, Bagger YZ, Christiansen C.Osteoporos Int. 2005 Feb:16(2):184-90. doi:	
	10.1007/s00198-004-1662-x. Epub 2004 Jun 10.PMID: 15197541 Clinical Trial.	

43	Efficacy and safety of ibandronate given by <b>intravenous</b> injection once every 3 months.	Does not meet
	PD.Bone. 2004 May;34(5):881-9. doi: 10.1016/j.bone.2004.01.007.PMID: 15121020 Clinical Trial.	PICO
44	A randomized controlled trial of calcium with vitamin D, alone or in combination with intravenous pamidronate, for	Does not meet
	the treatment of low bone mineral density associated with Crohn's disease.	PICO
	artram SA, Peaston RT, Rawlings DJ, Francis RW, Thompson NP.Aliment Pharmacol Ther. 2003 Dec;18(11-12):1121-	
45	<b>Intravenous</b> ibandronate injections given every three months: a new treatment ontion to prevent hope loss in	Does not meet
	postmenopausal women.	PICO
	Stakkestad JA, Benevolenskaya LI, Stepan JJ, Skag A, Nordby A, Oefjord E, Burdeska A, Jonkanski I, Mahoney P;	
	Ibandronate Intravenous Study Group. Ann Rheum Dis. 2003 Oct;62(10):969-75. doi:	
	10.1136/ard.62.10.969.PMID: 12972476 Free PMC article. Clinical Trial.	
46	Intravenous intermittent neridronate in the treatment of postmenopausal osteoporosis.	Does not meet
	Braga V, Gatti D, Colapietro F, Battaglia E, Righetti D, Prizzi R, Rossini M, Adami S.Bone. 2003 Sep;33(3):342-5. doi:	PICO
	10.1016/s8756-3282(03)00084-x.PMID: 13678775 Clinical Trial.	<u> </u>
47	Response to alendronate in osteoporotic women previously treated with pamidronate.	Does not meet
	the Study of Bone Diseases and Calcium metabolism (GIPOR) Maturitas, 2003 Eeb 25:4/(2):111-5, doi:	PICO
	10.1016/s0378-5122(02)00318-3.PMID: 12590006 Clinical Trial.	
48	Intravenous zoledronic acid in postmenopausal women with low bone mineral density.	Does not meet
	Reid IR, Brown JP, Burckhardt P, Horowitz Z, Richardson P, Trechsel U, Widmer A, Devogelaer JP, Kaufman JM,	ΡΙϹΟ
	Jaeger P, Body JJ, Brandi ML, Broell J, Di Micco R, Genazzani AR, Felsenberg D, Happ J, Hooper MJ, Ittner J, Leb G,	
	Mallmin H, Murray T, Ortolani S, Rubinacci A, Saaf M, Samsioe G, Verbruggen L, Meunier PJ.N Engl J Med. 2002 Feb	
	28;346(9):653-61. doi: 10.1056/NEJMoa011807.PMID: 11870242 Free article. Clinical Trial.	
49	Prevention of osteoporosis in heart transplant recipients: a comparison of calcitriol with calcitonin and	Does not meet
	pamiaronate. Bianda T. Linka A. Junga G. Brunner H. Steinert H. Kiewski W. Schmid C. Calcif Tissue Int. 2000 Aug:67(2):116-21. doi:	PICO
	10 1007/s00223001126 PMID: 10920215 Clinical Trial	
50	Prevention of appendicular bone loss in Paget's disease following treatment with <b>intravenous</b> pamidronate	Does not meet
	disodium.	PICO
	Stewart GO, Gutteridge DH, Price RI, Ward L, Retallack RW, Prince RL, Stuckey BG, Kent GN, Bhagat CI, Dhaliwal	
	SS.Bone. 1999 Feb;24(2):139-44. doi: 10.1016/s8756-3282(98)00163-x.PMID: 9951784 Clinical Trial.	
51	Randomized trial of pamidronate in patients with thyroid cancer: bone density is not reduced by suppressive doses	Does not meet
	or thyroxine, but is increased by cyclic intravenous pamidronate.	PICO
	1998 Jul 83(7):2324-30 doi: 10.1210/icem 83.7.4782 PMID: 9661603 Clinical Trial	
52	Three monthly <b>intravenous</b> injections of ibandronate in the treatment of postmenopausal <b>osteoporosis</b> .	Does not meet
	Thiébaud D, Burckhardt P, Kriegbaum H, Huss H, Mulder H, Juttmann JR, Schöter KH.Am J Med. 1997	PICO
	Oct;103(4):298-307. doi: 10.1016/s0002-9343(97)00249-0.PMID: 9382122 Clinical Trial.	
53	Increased bone mass with pamidronate treatment in rheumatoid arthritis. Results of a three-year randomized,	Does not meet
	double-blind trial.	PICO
	Eggelmeijer F, Papapoulos SE, van Paassen HC, Dijkmans BA, Valkema R, Westedt ML, Landman JO, Pauwels EK,	
E A	Breedveld FC.Arthritis Rheum. 1996 Mar;39(3):396-402. doi: 10.1002/art.1/80390307.PMiD: 8607888 Clinical Trial.	Doos not moot
74	Gertz BL Holland SD, Kline WF, Matuszewski BK, Freeman A, Quan H, Lasseter KC, Mucklow IC, Porras AG, Clin	PICO
	Pharmacol Ther. 1995 Sep;58(3):288-98. doi: 10.1016/0009-9236(95)90245-7.PMID: 7554702 Clinical Trial.	
55	Two years' effectiveness of intravenous pamidronate (APD) versus oral fluoride for osteoporosis occurring in the	Does not meet
	postmenopause.	PICO
	Thiébaud D, Burckhardt P, Melchior J, Eckert P, Jacquet AF, Schnyder P, Gobelet C.Osteoporos Int. 1994 Mar;4(2):76-	
	83. doi: 10.1007/BF01623227.PMID: 8003844 Clinical Trial.	
56	Intermittent treatment with intravenous 4-amino-1-hydroxybutylidene-1,1-bisphosphonate (AHBuBP) in the	Does not meet
	Inerapy or postmenopausal osteoporosis. Passeri M. Baroni MC. Pedrazzoni M. Pioli G. Barbagallo M. Costi D. Piondi M. Cirasolo G. Arlunno P. Palummeri	PICO
	E.Bone Miner. 1991 Dec;15(3):237-47. doi: 10.1016/0169-6009(91)90129-n.PMID: 1773136 Clinical Trial.	

#### References

<sup>1</sup> Amod A, Ascott-Evans B, Brown S, Cassim B, Davey M, de Lange W, et.al. National Osteoporosis Foundation of South Africa (NOFSA) Guidelines 2017, JEMDSA, 2017; 22(1) (supplement 1).

<sup>2</sup> National Department of Health. Adult Hospital Level STGs and EML, 2019, 5<sup>th</sup> Edition.

<sup>3</sup> Adult ERC. Review: Bisphophonate oral and IV for secondary prevention of fragility fractures. October 2017.

<sup>4</sup> Ganesan K, Goyal A, Roane D. Bisphosphonate. StatPearls, July 2023. https://www.ncbi.nlm.nih.gov/books/NBK470248/

<sup>5</sup> Ito M, Tobinai M, Yoshida S, Hashimoto J, Nakamura T.J. Effect of monthly intravenous ibandronate injections on vertebral or non-vertebral fracture risk in Japanese patients with high-risk osteoporosis in the MOVER study. Bone Miner Metab. 2017 Jan;35(1):58-64.

<sup>6</sup> Carmona EC, Flores AG, Santamaria EL, Olea AH, Lorzano MPR. Systematic Literature Review of Bisphosphonates and Osteonecrosis of the Jaw in patient with Osteoporosis. Rheumatol Clin. 2013: 9(3):172-177.

<sup>7</sup> Davis S, St James MM, Sanderson J, Stevens J, Goka E, Rawdin A. A Systematic Review and Economic Evaluation of Bisphosphonates for the prevention of fragility Fractions. Health Technology Assessment. 2016, 20(78):1-406.

<sup>8</sup> Nakamura T, Nakano T, Ito M, Hagino H, Hashimoto J, Tobinai M, Mizunuma H. Clinical efficacy on fracture risk and safety of 0.5 mg or 1 mg/month intravenous ibandronate versus 2.5 mg/day oral risedronate in patients with primary osteoporosis. Calcif Tissue Int. 2013, 93: 137 – 146.

<sup>9</sup> Miedany YE, Paruk F, Kalla A, Adebajo A, Gaafary ME, Maghraoui AE, et.al. Consensus evidence-based clinical practice guidelines for diagnosis and treat-to target management of osteoporosis in Africa: and initiative by the African Society of Bone Health and Metabolic Bone Diseases. Archives of Ostoporosis. 2021, 16:176.